

Nydia Temple No 4 Daughters of the Nile - Portland, Oregon

Queen Holly Austin

November/December 2025

Mile News and Events

Temple News, Clubs & Units, Coming Events, and More



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Chartered April 24, 1919
Stated Session is the first Wed of each month Sept to May·
Luncheon 11:15, Session 12:30
Al Kader Shrine Center,
25100 SW Parkway Ave, Wilsonville, OR 97070
www·nydiatemple·com



Holiday Greetings

It is again my favorite season of the year, the Holiday Season. It is interesting that I am in the best frame of mind in December. Does everyone else seem to be happy in December? During this time we are looking for the joy in this glorious season. I love Christmas trees and the smell of candles and evergreen. I love the

colorful lights on houses and in people's yards. I love noisy family get-togethers.

There are so many things I love about Christmas. I love traditions. I am a tradition-driven person. I love Christmas carols and going caroling. I love gift giving (sometimes too much) and the cookies and candies, delicious dinners, and parties. I don't love shopping, but I do love to see people shopping. Perhaps that sounds too weird, but the expressions are priceless!

In all seriousness, though, it is a special time of the year. Regardless of religion, it is the holiday season; it is the season of new beginnings. For Christians, it is a religious holiday commemorating the birth of Jesus Christ. New beginnings....

For Jews, Hanukkah is the holiday celebration. Hanukkah is the celebration of reaffirming their faith. We enjoy the festival of lights, lighting the menorah, eating latkes, playing dreidel.

I was raised with several siblings so I can't imagine the loneliness of having Christmas alone. Invite your friends and family to spend the day with you. Make a phone call to friends and neighbors.

Happy Holidays to each of you.

Queen Holly Austin



Happy Holidays

Looking forward to an exciting 2026

From Princess Royal Teri Rollman



Winter Banquet at the Reserve

Dec 14th

beginning at 2pm at

The Reserve Vineyards and Golf Club

4805 SW 229th Ave

Moha, Orggon 97007

To purchase your Winter / Holiday Banquet ticket, copy the Electronic Payments Link:

https://securepayment.link/

daughtersofthenydiatemple/event-tickets/

OR

contact Patti Baldwin by phone or email

Greetings from Princess Tirzah.

Well, time just keeps flying by. I have been traveling with Queen Holly on her official Club Visits. In October Queen Holly, Pr. Royal Terri Rollman, Pr. Badoura Alicia Johnson, and I took a two-day trip over the mountain to visit Sisters



Nile Club in Prineville, and then off to Pendelton to visit
Pendelton and Neon Nile Clubs. Each of these clubs welcomed
us with a wonderful get-together and friendship. It is so nice to
visit these clubs and get to know many more members. They do
wonderful things for our hospital. The talk I have been doing
tells about how Nydia became a Temple and has been fun to do.
I am looking forward to visiting the rest of the clubs in the next
couple of months.

Nydia is still collecting returnable bottles and cans using the blue return bags as a fundraiser. If you need more bags, let me know. We have raised approximately \$553.00 so far. We also have an large old water jug set up at each session to collect coins for the Nile Foundation. It is getting pretty heavy.

I want to wish each and everyone a Very Happy Thanksgiving. Take time and spend it with your family, friends, and loved ones this year. I am very thankful for all of you for the support and love that I receive.

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Nile Love, Debbie Cook, Princess Tirzah

Did You Know ?

That it has already been six years since the first Nile Temple in South America was established?

Shakar Brazil Temple No. 165 received their charter Aug 24, 2019!

Love From Pr. Badoura

Hello Ladies,

First of all I personally want to thank you for all the love shown to me and my sister, Pr. Dawn Jackson. We have had a rough month losing our



brother in the beginning of the month definitely was difficult. The love and cards of support are very much appreciated by both Dawn and I. I have to say dealing with family issues, the thought of the Ceremonial and Supreme Queen Kathy being there and her 70th birthday worried me. I had been studying daily for months and it seemed the day before I couldn't remember anything I was supposed to say or do. But the day of I went outside prior to putting on my robe and said a little prayer and asked my family to walk with me and help me through my migraine. I'm so humbled and honored to receive two thumbs up and a smile from our beautiful Supreme Queen and our Queen Holly. Thank you to all of you for the kind words. I plan to keep working hard. I have enjoyed my time being your Princess Badoura, and as November starts I plan on writing down everyday something to be thankful for. With all the daily stress sometimes I think we all forget to remember we need to say thank you to those people who make a difference in our lives. So today I'm starting with being thankful for all of you ladies. May your holidays be filled with love and laughter.

Nile Love

Pr. Alicia Johnson/ Pr. Badoura

So, why are they called Dad Jokes?

I accidentally rubbed ketchup in my eyes...... Now I have Heinzseight.

I accidentally drank a bottle of invisible ink.....

Now I'm in the hospital waiting to be seen.
I'm afraid for the calendar....

Its days are numbered

About Me!

My Name is Denise Lewis, and I am one of Queen Holly's Attendant's this year. I have known her since I was a young Rainbow girl!

I am now a mom of two wonderful young men, Cameron - 21, in his 4th year at Oregon State University studying Mechanical Engineering, and Tyler - 17, a Senior who is



very active in soccer and track at Columbia Christian High School in Portland. I have been married to my husband Brad for 22 years. We love to travel to Las Vegas, and will be going on our first cruise soon to the Bahamas!

I am very active in Eastern Star as secretary of my chapter, Yearbook Editor for the Grand Chapter, and Escort for my mom, who is currently Associate Grand Conductress.

In my downtime (when I have any) I like to diamond paint, cross stitch, or watch movies with our kitty on my lap. I am enjoying being attendant this year and thank Holly for asking me.

If it can be solved, there's no need to worry, and if it can't be solved, worry is of no use.

-Dalai Lama

Note from the Editor:

Please send your articles, pictures, flyers etc. to Pam Davis at Nile-nydian@hotmail.com

The next Nydian deadline will be February 23, 2026

Holiday Giving

The children are waiting. Waiting to see if the Daughters of the Nile will remember them in their holiday giving. Let's not disappoint them!

Some of you may remember the moving story Queen Holly told about the little boy who was facing a partial amputation of his leg. He loved Mickey Mouse and had been given a large Mickey Mouse stuffed animal. Somehow it did not seem right to this little boy. He wondered if a similar amputation was in Mickey's future. Doctors and nurses rushed to make this very thing a reality. The little boy came out of surgery to meet his new friend Mickey with the same amputation and the same prosthetic that the little boy had. He had a friend who was facing the same challenges. He was not alone.

This level of care is simply not possible on a mass scale. It is possible at Shriners' because our funding allows the staff to focus on the individual. Outcomes are so much better!

To keep this great work going please send your holiday contribution in one of these ways.

Mail a check to Judy Alley
To donate online use the QR code
or go to: https://securepayment.link/
daughtersofthenydiatemple/holiday-giving/



(To be credited this year, donations must be made by Dec 15th.)

Wishing you all the blessings of the upcoming holiday season
----no matter which holidays you decide to celebrate!

Princess Judy Alley







Nydia Temple had the honor to host Kathy Walliker, Supreme Queen at her official visit on October 8. It was a very exciting day. She was gracious as always, and we were all very excited to have her "home", if even just for a few days.

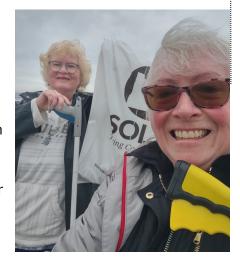
Our ceremonial brought four delightful new members: Angie Gofredo, Barbara Beverege, Elizabeth Wallace, and Heather Ann Bussiere Robinson. Welcome ladies!

Nydia with SOLV

Nydia was invited to help with a beach cleanup with SOLV Aug 30th at Rockaway Beach.

Queen Holly and several other Ladies of the Household helped with this project.

Picture: Corinne Gavette and her sister.



Did You Know ?

SUPREME TEMPLE ANNOUNCEMENT



New 2025 Ritual Books Coming Soon to Daughters of the Nile Temples

An announcement dated Oct 22, 2025 said "the Supreme Temple Daughters of the Nile is excited to announce that the 2025 Books will be available within the next few weeks, bringing improvements and user-friendly enhancements to Temples across our Order."

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Kindness Unlimited

Are you aware of the new Kindness program? It is recognition for Nile members' kindness "above and beyond" towards other Nile members.

You have until Supreme 2026 to nominate someone. For more information see the DON website

Did You Know . . . ?

that the eligibility rules for proposing a woman for Nile membership have changed.

Besides being a woman 18 yrs or over who:

- 1. has a Masonic relationship, or
- 2. is a majority member of a Masonic girls organization, or
- 3. was a Shriner's patient,
- 4. and now she can be your close and trusted friend or business associate.

Let's start inviting our good friends to join us in Nile!

Meanwhile up at the hospital....

An Update on Music Therapy at Shriners:



Music therapist, Keeley St. Clair, music therapy updates at Shriners Children's Portland:

"I've noted an upswing in appropriate referrals for pain, anxiety, procedural assists and sleep support. This collaboration with hospital staff allows me to better streamline care and triage patients who are most in need of service. Many families have noted how effective MT has been for both pain control and general coping while in the hospital. Patients are noting strong positive responses to music therapy pain interventions, often reporting a drop of 3-5 points on a 10-point pain scale. Many times I hear, "I forgot I had any pain." It's truly powerful.

Pre/post-staff has been requesting music therapy increasingly for IV placements. This past week, a very anxious teen patient was on the verge of tears when I entered, reporting fears around the upcoming IV poke. After some rapport building, she was ready to try music as a coping mechanism for the feared IV procedure. I kid you not when I say she LAUGHED through the procedure. It was a wildly successful co-treatment with nursing. We have hopes of expanding treatment to PACU and clinic areas as budget allows."

Reported by Angie Kopshy, MM, MT-BC Global Music Therapy Project



While you are looking at stocking stuffers, remember the Ambassador Table at the hospital.

Nydia Temple Hospital Requests/Sewing Committee

November 2025

More new challenges! We were asked to perform "surgery" on a Mickey doll and three Cabbage Patch dolls for the Child Life Department.

The dolls were for Child Life to give to patients to explain the type of surgery to be performed. Anjee Thompson "amputated" one of the Mickey doll's legs at the knee, and Child Life Staff created a prosthetic for Mickey similar to what the patient would receive. The three Cabbage Patch dolls each had a leg "amputated" at the knee and just above the ankle by Lisa Predeek. The ankle and foot were reattached backward. This procedure is a <u>Van Ness Rotation Plasty</u>. The prosthetic will be attached at the foot and the ankle will act as a knee. Pretty fascinating and amazing. It takes several months of prep work for the family, and the dolls are used to explain the procedure. The child gets to keep the doll.

Hospital gowns are being made for the Build-a-Bears that patients receive. Charlene Cochran has taken this on as a project, but we could really use help from at-home sewers. Let one of us know if you would like to help.

We continue our regular projects. Especially needed are shorts and pillowcases. We are working on new designs for large and small quilts to add to the embroidered ones.

What a great place to volunteer and keep the creative vibes going. All are welcome to come visit our/your Nydia Temple Sewing Room whenever you want to see what's going on. Just let me or Judy know, and we can arrange a visit. If you have some time and would like to work on projects at home, we can make it happen!

Sherry Hevland, Chair PQ Judy Smith, Co-Chair

Laughter

By Dawn Jackson
President of the Nosey Nydians
The Clown Unit has been very busy
over the summer. Parades, rodeos, work, and
event entertainment are just a few of the
opportunities the Nosey Nydians have been
given. We would like to thank all those who
have supported us through our beginnings.

And now it is our turn to give back in ways that serve the purpose of why we come together as your clown unit. Our



purpose is to turn joy into healing, trade tears for laughter, and provide human connection. This human connection is very much needed to bring the best qualities of life into play.

"Laughter is the best way to bring people together to make a difference" a wonderful quote from Patch Adams. This drive inspired our next event. We hosted the "Healing Through Humor Event" November 16th. The Nosey Nydians were

joined by professional clowns, magicians, and jugglers to provide a wonderful time for all ages. Our speaker had an inspiring story

to share about how a clown made a difference in her treatment as a patient at the Shriner's Hospital.

We all serve the children in our own ways. We would like to honor those who have gifts for helping others to smile either providing toys, sewing needed items, or being a clown.

Thank you for your support of the Nosey Nydians. These times together give the unit the opportunity to use laughter as medicine.

(Pictures are from the Healing Through Humor event) $_{12}$



nvitation

Coastal Nile Club will be holding our annual Out to Lunch on February 24 at 11:30 at Georgie's in Newport.

Come enjoy a nice lunch at a great place with awesome people. "Life is better at the beach"

Please RSVP to President PQ Sharon Kelley.

Why a Nile Club?

They are a great place to make social connections (aka friends!) with other ladies and support the hospital at the same time.

It is the only place you can hear what the officers report at the OVs, and is a good place to find out what happens at sessions.

If you don't join they will die. So go visit one this month!



1..2..3..4..5..6..7..8.... Repeat

You don't even need to know how to count to 10! If you would like just a little exercise, come on and check out Nydia Patrol. Isn't more exercise going to be on your New Year's resolutions list?

We usually practice on the 3rd & 4th Wed of each month at the Shrine Center at 9:30 am. leaving plenty of time afterwards for the rest of your day!

Calendar

December 2025

12/1 Salem NC OV

12/2 Zenobia NC OV

12/3 Stated Session —

Nile Market Place

12/8 North Clackamas NC OV

12/14 Christmas Luncheon

(see pg. 13) 12/15 Eastmont NC OV

> Merry Christmas & Happy Hanukkah

January 2026

1/7 Stated Session—

Flannel Formals

1/18 Ceremonial

1/27 HALOS Nile Club OV

1/13 Tirzah Nile Club OV

February 2026

2/4 Stated Session-Memorial

2/24 Out to Lunch with Coastal Nile Club

February 19-21 SQ Kathy's Homecoming

2/28 Joint Social with Al Kader

March 2026

3/4 Stated Session—Elections 3/26 Mad Hatter Tea

3/22 Installation of Officers

Save the Date!

Supreme Session 2026 in Victoria BC June 7-10

2025 - 2026 Officers' Contacts

| Queen Holly Austin |
|--------------------------------|
| Jr. Past Queen Linda Hatch |
| Pr. Royal Teri Rollman |
| Pr. Tirzah Debbie Cook |
| Pr. Badoura Alicia Johnson |
| Pr. Recorder PQ Jennifer Moyer |
| Pr. Banker LeeAnn Quiroz |
| Pr. Chaplain Patti Baldwin |
| |

Please see your directory for this information.

Mission Statement

Nydia Temple No. 4 is a subordinate temple of the international, fraternal organization known as Daughters of the Nile.

We are a social and charitable group comprised of units and clubs.

We provide opportunities for our members to support and promote Shriners Hospitals for Children.

We contribute volunteer hours and in-kind donations to the hospitals, to provide a nurturing environment for the children they treat.

Monetary donations through the Daughters of the Nile Foundation provide financial benefits to the hospitals, allowing decisions to be made in the best interest of each child.

"All the text enclosed within this book/newsletter belongs to a Daughters of the Nile member and she has received this book/newsletter in good faith and understands no information may be made available to non-members of the Order, with the exception of a caregiver."

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Where do Santa's reindeer stop for coffee? - Star-bucks

